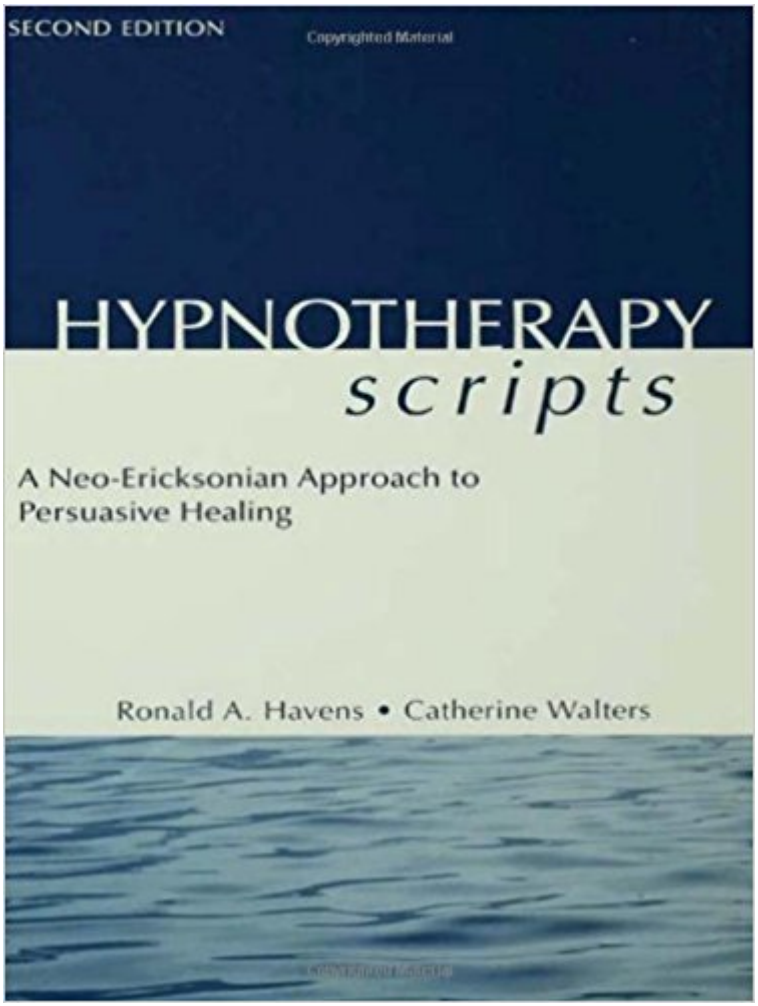
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Hypnotherapy Scripts 2nd Edition



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Synopsis

Hypnotherapy Scripts, 2nd Edition is a straightforward, practical guide for doing Ericksonian hypnotherapy. This book not only explains the rationale for every step in the hypnotherapeutic process, it also contains sample scripts for each step. This edition of Hypnotherapy Scripts guides professionals through the construction of their own hypnotherapy induction and suggestion scripts. Verbatim sample transcripts of various induction and therapeutic suggestion procedures with detailed guidelines for creating one's own hypnotherapeutic inductions and metaphors are included. Recent research and writings on the role of unconscious processes, wellness, and positive psychology have been added to this edition. Also included is a detailed review of the diagnostic trance process, a therapeutic procedure unique to this text.

Book Information

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Customer Reviews

Great book on hypnotherapy. Explains how Erickson's theories are applied to the process. Gives detailed scripts.

Here's the book for all those who need to understand their client's "categories of prescription". A simple and concise method for indirect induction, and metaphor "scription". I liked this book a great deal, and have utilized many of the scripts verbatim! Keep this book handy as a reference no matter what your style of practice.

Unless I missed a link somewhere, the digital version doesn't include the audio tracks of the inductions included in the paper version.It's very frustrating and I don't think I would have bought the book had it been explicitly advertised...I'm rather disappointed, !

I use at least one of these scripts with every client that I have. I addition, the way the book is organized into induction scripts, direct & metaphor scripts, and a termination script, allows you to select different inductions from your own work or from another script book and still use the direct and termination scripts in this book that others do not have. I have yet to find a termination script as useful as this one.

Requested gift

This book was very informative and has allowed me to better understand the methods involved to write myt own personal scripts. THe layout (two columns) for the actual scriupts is a little strange to me but you get used to it. I recommen this book to those looking for scriptig ideas or base kowledge.

As a local hypnotherapist in Utah with a practice I can say I have never once went wrong adding one of these scripts to various issues. When I awake the client and ask them what was the best part very often the metaphor from one of these is often part of that. There are many I really like and as I move to other books, I find the Erickson methods in this and other books to be some of the best and always aid me in creating my own (or kick starting my own).John Phillips, CH, M.ht[...]

The authors present a simplistic notion of therapy and hypnosis. Their talk of "mini-minds" reminded me of the movie Austin Powers. You won't find sophisticated theory here, but there is much of practical value. This book is definitely worth owning as a reference manual, but it is overpriced for what you get.

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